

SPRINGHELD PRIMARY AUTUMIN WINTER 23/24



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	V	/EEK ONE	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMEN		Main Course	Macaroni Cheese	Chicken Tikka Curry with Mixed Rice	Roast Chicken with Roast Potatoes & Gravy	Pork Sausage Roll with Baked Potato Wedges	Fish Fingers with Chips
	l/24 : 22/01/24 : : 25/03/24	Vegetarian Main Course	Beany Veggie Burrito	Cheese & Tomato Pizza with Garlic Bread	Veggie Sausage with Roast Potatoes & Gravy	Cheese & Onion Roll with Baked Potato Wedges	Veggie Pasta Bake
	24 : 22 25/03/	Halal		Halal Chicken Tikka Curry with Mixed Rice	Halal Roast Chicken with Roast Potatoes & Gravy	Halal Chicken Pattie with Baked Potato Wedges	
	23:01/01/ 4/03/24::	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans, Salmon Mayo or Tuna Mayo
	: 04/12/ '02/24 : 0	Sandwiches	Cheese Sandwich	Tuna Mayo Sandwich	Pasta Arrabiata Pot	Salmon or Tuna Mayo Sandwich	Cheese Sandwich
	13/11/23 : (12/02	Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Cauliflower	Carrots Seasonal Greens	Green Beans Baked Beans Sweetcorn	Baked Beans Garden Peas
	¥	Dessert	Apple Sponge	Flapjack Finger	Vanilla Sponge with Custard	Tootie Fruity Jelly with Mandarins	Chocolate Shortbread
		/EEK TWO	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	24 :	Main Course	Cheesy Bean Pitta	Beef Pasta Bolognaise	Roast Chicken with Roast Potatoes & Gravy	Chicken & Bean Burrito	Fish Fingers with Chips
	WEEKS CUMINIENCING: 3 : 20/11/23 : 11/12/23 : 08/01/24 : /01/24 : 19/02/24 : 11/03/24	Vegetarian Main Course	Cheese & Tomato Pizza with Garlic Bread	Veggie Pasta Bolognaise	Vegetable Sausage Toad in the Hole with Roast Potatoes & Gravy	Macaroni Cheese	Cheese & Onion Pastry Roll with Chips
		Halal		Halal Lamb Pasta Bolognaise	Halal Roast Chicken with Roast Potatoes & Gravy	Halal Chicken & Bean Burrito	
		Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
MEEK	: 20/1	Sandwiches	Cheese Sandwich	Tuna and Sweetcorn Sandwich	Pasta Arrabiata Pot	Cheese Sandwich	Cheese and Tomato Sandwich
	30/10/23 29/0	Vegetables	Sweetcorn Garden Peas	Green Beans Carrots	Cauliflower Seasonal Greens	Mixed Vegetables Sweetcorn	Baked Beans Garden Peas
		Dessert	Apple Crumble Bar	Lemon Cake with Custard	Banana Cake with Fruit	Chocolate Cookie	Strawberry Jelly
	W	EEK THREE	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CING:	02/24	Main Course	Macaroni Cheese	BBQ Chicken Meatballs With Mixed Rice	Roast Chicken with Roast Potatoes & Gravy	Beef Chilli with Mixed Rice	Fish Fingers with Chips
	23:05/	Vegetarian Main Course	Beany Sausage Pitta	Veggie Mince Cottage Pie	Vegetable Sausage with Roast Potatoes & Gravy	Cheese & Tomato Pizza with Garlic Bread	Cheese & Onion Roll with Chips
	15/01/ 3/24	Halal		Halal BBQ Chicken Meatballs with Mixed Rice	Halal Roast Chicken with Roast Potatoes & Gravy	Halal Lamb Mince Chilli with Mixed Rice	
MMENC	/23 : 27/11/23 : 18/12/23 : 15/01/23 : 05/02/24 : 26/02/24 : 18/03/24	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
EKS CO		Sandwiches	Cheese Sandwich	Salmon or Tuna Mayo Sandwich	Pasta Arrabiata Pot	Tuna and Sweetcorn Sandwich	Fish Finger Wrap
Š		Vegetables	Sweetcorn Cauliflower	Mixed Vegetables Garden Peas	Seasonal Greens Carrots	Green Beans Cauliflower	Baked Beans Garden Peas
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Yoghurt and fruit will also be available each day as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily.

Flapjack with Fruit

Chocolate Banana Cake

Chocolate Sponge

with Custard

Lemon Drizzle Cake

Shortbread with Mandarins