

SPRINGHELD PRIMARY AUTUMIN WINTER 23/24



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|--------------|---|-------------------------|---|--|---|--|--|
| | V | /EEK ONE | GREEN MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| WEEKS COMMEN | | Main Course | Macaroni Cheese | Chicken Tikka Curry with Mixed Rice | Roast Chicken with Roast Potatoes & Gravy | Pork Sausage Roll with Baked Potato Wedges | Fish Fingers with Chips |
| | l/24 : 22/01/24 : : 25/03/24 | Vegetarian Main Course | Beany Veggie Burrito | Cheese & Tomato Pizza with Garlic Bread | Veggie Sausage with Roast Potatoes & Gravy | Cheese & Onion Roll with Baked Potato Wedges | Veggie Pasta Bake |
| | 24 : 22 25/03/ | Halal | | Halal Chicken Tikka Curry with Mixed Rice | Halal Roast Chicken with Roast Potatoes & Gravy | Halal Chicken Pattie with Baked Potato Wedges | |
| | 23:01/01/ 4/03/24:: | Jacket Potato & Filling | Jacket Potato with Cheese or Baked Beans | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Jacket Potato with Cheese, Baked Beans, Salmon Mayo or Tuna Mayo |
| | : 04/12/ '02/24 : 0 | Sandwiches | Cheese Sandwich | Tuna Mayo Sandwich | Pasta Arrabiata Pot | Salmon or Tuna Mayo Sandwich | Cheese Sandwich |
| | 13/11/23 : (12/02 | Vegetables | Mixed Vegetables Sweetcorn | Garden Peas Cauliflower | Carrots Seasonal Greens | Green Beans Baked Beans Sweetcorn | Baked Beans Garden Peas |
| | ¥ | Dessert | Apple Sponge | Flapjack Finger | Vanilla Sponge with Custard | Tootie Fruity Jelly with Mandarins | Chocolate Shortbread |
| | | /EEK TWO | GREEN MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| | 24 : | Main Course | Cheesy Bean Pitta | Beef Pasta Bolognaise | Roast Chicken with Roast Potatoes & Gravy | Chicken & Bean Burrito | Fish Fingers with Chips |
| | WEEKS CUMINIENCING: 3 : 20/11/23 : 11/12/23 : 08/01/24 : /01/24 : 19/02/24 : 11/03/24 | Vegetarian Main Course | Cheese & Tomato Pizza with Garlic Bread | Veggie Pasta Bolognaise | Vegetable Sausage Toad in the Hole with Roast Potatoes & Gravy | Macaroni Cheese | Cheese & Onion Pastry Roll with Chips |
| | | Halal | | Halal Lamb Pasta Bolognaise | Halal Roast Chicken with Roast Potatoes & Gravy | Halal Chicken & Bean Burrito | |
| | | Jacket Potato & Filling | Jacket Potato with Cheese or Baked Beans | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Jacket Potato with Cheese, Baked Beans or Tuna Mayo |
| MEEK | : 20/1 | Sandwiches | Cheese Sandwich | Tuna and Sweetcorn Sandwich | Pasta Arrabiata Pot | Cheese Sandwich | Cheese and Tomato Sandwich |
| | 30/10/23 29/0 | Vegetables | Sweetcorn Garden Peas | Green Beans Carrots | Cauliflower Seasonal Greens | Mixed Vegetables Sweetcorn | Baked Beans Garden Peas |
| | | Dessert | Apple Crumble Bar | Lemon Cake with Custard | Banana Cake with Fruit | Chocolate Cookie | Strawberry Jelly |
| | W | EEK THREE | GREEN MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| CING: | 02/24 | Main Course | Macaroni Cheese | BBQ Chicken Meatballs With Mixed Rice | Roast Chicken with Roast Potatoes & Gravy | Beef Chilli with Mixed Rice | Fish Fingers with Chips |
| | 23:05/ | Vegetarian Main Course | Beany Sausage Pitta | Veggie Mince Cottage Pie | Vegetable Sausage with Roast Potatoes & Gravy | Cheese & Tomato Pizza with Garlic Bread | Cheese & Onion Roll with Chips |
| | 15/01/ 3/24 | Halal | | Halal BBQ Chicken Meatballs with Mixed Rice | Halal Roast Chicken with Roast Potatoes & Gravy | Halal Lamb Mince Chilli with Mixed Rice | |
| MMENC | /23 : 27/11/23 : 18/12/23 : 15/01/23 : 05/02/24 : 26/02/24 : 18/03/24 | Jacket Potato & Filling | Jacket Potato with Cheese or Baked Beans | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Jacket Potato with Cheese, Baked Beans or Tuna Mayo |
| EKS CO | | Sandwiches | Cheese Sandwich | Salmon or Tuna Mayo Sandwich | Pasta Arrabiata Pot | Tuna and Sweetcorn Sandwich | Fish Finger Wrap |
| Š | | Vegetables | Sweetcorn Cauliflower | Mixed Vegetables Garden Peas | Seasonal Greens Carrots | Green Beans Cauliflower | Baked Beans Garden Peas |
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Yoghurt and fruit will also be available each day as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily.

Flapjack with Fruit

Chocolate Banana Cake

Chocolate Sponge

with Custard

Lemon Drizzle Cake

Shortbread with Mandarins