




















Spring / Summer Menu Week 1

14th April, 5th May, 26th May, 16th June, 7th July, 28th July, 18th, Aug, 8th Sept, 29th Sept, 20th Oct



WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Pork Sausage Toad in the Hole & Home-baked Potato Wedges	Red Tractor Mild Chicken Curry, Mixed Wholegrain & White Rice 	Roast Chicken, Stuffing & Roast Potatoes with Gravy	Wholemeal Margherita Pizza & Wedges 	Fish Fingers & Chips
Main Meal Option 2	Veggie Sausage Toad in the Hole & Home-baked Potato Wedges 	Macaroni Cheese	Quorn Grill, Gravy, Stuffing & Roast Potatoes 	Butternut Squash & Five Bean Risotto 	Cheese Flan, Chips & Ketchup
Halal Option	Halal Chicken Sausage Toad in the Hole & Home-baked Potato Wedges	Halal Red Tractor Mild Chicken Curry, Mixed Wholegrain & White Rice 	Halal Roast Chicken, Gravy, Stuffing & Roast Potatoes	Wholemeal Margherita Pizza & Tomato Pasta Salad 	Fish Fingers & Chips
Baked Jacket Potatoes	Jacket Potato with Cheese, Beans or Tuna Mayonnaise 	Jacket Potato with Cheese, Beans or Tuna Mayonnaise 	Jacket Potato with Cheese, Beans or Tuna Mayonnaise 	Jacket Potato with Cheese, Beans or Tuna Mayonnaise 	Jacket Potato with Cheese, Beans or Salmon Mayonnaise 
Sandwiches	Cheese or Tuna	Cheese or Tuna	Cheese or Tuna	Cheese or Tuna	Cheese or Tuna
Vegetables	Broccoli, Cauliflower & Carrots & Sweetcorn 	British Red Tractor Garden Peas, Sliced Carrots 	Broccoli, Cauliflower & Carrots 	British Red Tractor Garden Peas, Sweetcorn 	British Red Tractor Garden Peas, Baked Beans 
Dessert	Banana Mousse & Orange Smiles 	Marble Sponge & Custard	Strawberry Jelly with Watermelon Slice 	Vanilla Cookie	Iced Sponge

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish






















Vegan

VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Red Tractor Pork Sausage Roll & Home-baked Potato Wedges	Red Tractor Beef Pasta Bolognese & Garlic Bread 	Roast Chicken Gravy, Yorkshire Pudding & Roast Potatoes	Wholemeal Margherita Pizza & Sunny Rice 	Fish Fingers & Chips
Main Meal Option 2	Cheese & Onion Roll with Home-Made Potato wedges	Veggie Pasta Bolognese & Garlic Bread 	Quorn Grill, Gravy, Yorkshire Pudding & Roast Potatoes 	Cheesy Bean Pitta with Pasta Salad 	Crispy Vegetable Fingers & Chips
Halal Option	Halal Chicken Sausage & Home-baked Potato Wedges	Halal Red Tractor Lamb Pasta Bolognese & Garlic Bread 	Halal Roast Chicken, Gravy, Yorkshire Pudding & Roast Potatoes	Wholemeal Margherita Pizza & Sunny Rice 	Fish Fingers & Chips
Baked Jacket Potatoes	Jacket Potato with Cheese, Beans or Tuna Mayonnaise 	Jacket Potato with Cheese, Beans or Tuna Mayonnaise 	Jacket Potato with Cheese, Beans or Tuna Mayonnaise 	Jacket Potato with Cheese, Beans or Tuna Mayonnaise 	Jacket Potato with Cheese, Beans or Tuna Mayonnaise 
Sandwiches	Cheese or Tuna	Cheese or Tuna	Cheese or Tuna	Cheese or Tuna	Cheese or Tuna
Vegetables	British Red Tractor Garden Peas, Baked Beans 	Broccoli, Cauliflower & Carrots 	Broccoli, Carrots & Sweetcorn 	British Red Tractor Garden Peas, or Sliced Carrots 	British Red Tractor Garden Peas, Baked Beans 
Dessert	Banana Cake & Custard 	Shortbread & Orange Slices 	Chocolate Brownie	Jelly & Fruit	Flapjack

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG























England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring / Summer Menu Week 3

28th April, 19th May, 9th June, 30th June, 21st July, 11th Aug, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov



WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Sweet & Sour Chicken Meatballs & Sunny Rice 	Beef Lasagne & Garlic Bread 	Roast Chicken Gravy, Yorkshire Pudding & Roast Potatoes 	Margherita Pizza & Sunny Rice 	Fish Fingers & Chips
Main Meal Option 2	Sweet & Sour Veggie Meatballs & Sunny Rice ^{VG} 	Vegetable Lasagne & Garlic Bread 	Quorn Grill, Gravy, Yorkshire Pudding & Roast Potatoes 	Cheese Flan with Wedges	Cheese & Onion Puff Pastry Roll
Halal Option	Halal Sweet & Sour Chicken Meatballs & Sunny Rice 	Halal Red Tractor Lamb Lasagne & Garlic Bread 	Halal Roast Chicken, Gravy, Yorkshire Pudding & Roast Potatoes	Margherita Pizza & Sunny Rice 	Fish Fingers & Chips
Baked Jacket Potatoes	Jacket Potato with Cheese, Beans or Tuna Mayonnaise 	Jacket Potato with Cheese, Beans or Tuna Mayonnaise 	Jacket Potato with Cheese, Beans or Tuna Mayonnaise 	Jacket Potato with Cheese, Beans or Tuna Mayonnaise 	Jacket Potato with Cheese, Beans or Tuna Mayonnaise 
Sandwiches	Cheese or Tuna	Cheese or Tuna	Cheese or Tuna	Cheese or Tuna	Cheese or Tuna
Vegetables	British Red Tractor Garden Peas, Baked Beans 	Broccoli, Cauliflower & Carrots 	Broccoli, Carrots & Sweetcorn 	British Red Tractor Garden Peas or Sliced Carrots 	British Red Tractor Garden Peas, Baked Beans 
Dessert	Strawberry Mousse with Fruit Slice 	Jam Sponge & Custard	Vanilla Cupcake	Chocolate Crunch & Custard	Chocolate Cookie with Orange Wedges 

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.