Springfield Primary School















Autumn/Winter Menu Week 1

10th Nov, 1st Dec, 22nd Dec, 19th Jan, 9th Feb, 2nd March, 23rd March

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WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY	
Main Meal Option	Red Tractor Pork Sausage Roll	Beef Taco with Corn	Roast Chicken with Gravy,	Wholemeal Tomato & Cheese	Fish Fingers & Chips	
	& Home-baked Potato	Tortilla, Tomato Sauce	Stuffing &	Pizza & Home-baked Potato		
	Wedges	& Sunny Rice	Roast Potatoes	Wedges		
		*				
Vegetarian Meal Option	Cheese & Onion Pastry Roll &	Italian Quorn Meatballs	Quorn Grill, Gravy, Stuffing &	Vegetable Sausage in a Bun	Vegetable Fingers & Chips	
	Home-baked Potato Wedges	served with Pasta ^{vg}	Roast Potatoes	with Home-baked Potato	with Ketchup ^{vg}	
		_	_	Wedges ^{vg}		
		\$	\$	\$		
Halal Option	Halal Chicken Sausage Roll &	Lamb Mince Taco with Corn	Halal Roast Chicken, Gravy,	Wholemeal Tomato & Cheese		
	Home-baked Potato Wedges	Tortilla, Tomato Sauce	Stuffing & Roast Potatoes	Pizza & Home-baked Potato		
		& Sunny Rice		Wedges		
				•		
Vegetables	Baked Beans & Sweetcorn	Mixed Salad or Broccoli	Seasonal Greens	British Red Tractor Garden	British Red Tractor Garden	
			& Carrots	Peas, Sweetcorn	Peas, Baked Beans	
Sandwiches	Cheese	VV	Cheese	Tuna Mayo	Cheese	
Sandwiches	Crieese	Tuna Mayo	Crieese	Turia iviayo	Cheese	
Baked Jacket Potatoes	Jacket Potato with	Jacket Potato with	Jacket Potato with	Jacket Potato with	Jacket Potato with Cheesy	
	Cheesy Beans, Tuna	Cheesy Beans, Tuna	Cheesy Beans, Tuna	Cheesy Beans, Tuna	Beans, Tuna Mayo, Cheese,	
	Mayo or Cheese or Beans	Mayo or Cheese or Beans	Mayo or Cheese or Beans	Mayo or Cheese or Beans	Salmon Mayo, or Beans	
	4.	4	4	4	2. de . de .	
	*	* * * * * * * * * *	V	V		
Dessert	Vanilla Shortbread ^{vg}	Chocolate & Pear Crumble ^{vg}	Strawberry Jelly ^{vg}	Oaty Date Cookie	Vanilla Ice Cream	
	& Chocolate Sauce	& Custard				
		503		50%		
		<u></u>				

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

































Autumn/Winter Menu Week 2

27th Oct, 17th Nov, 8th Dec, 5th Jan, 26th Jan, 16th Feb, 9th March

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WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY	
Main Meal Option	Pork Sausage & Roast	Red Tractor Beef Pasta	Roast Chicken with Gravy,	Wholemeal Margherita Pizza &	Battered Pollock	
	Potatoes with Gravy	Bolognese & Garlic Bread	Yorkshire Pudding &	Home-baked Potato Wedges	& Chips	
			Roast Potatoes			
Vegetarian Meal Option	Veggie Sausage & Roast	Plant-based Pasta Bolognese	Quorn Grill, Gravy,	Vegetable Chilli & Sunny	Cheese Flan & Chips	
	Potatoes with Gravy ^{vg}	& Garlic Bread	Yorkshire Pudding & Roast	Vegetable Rice vg		
			Potatoes			
	\$		\$	#5		
Halal Option	Halal Chicken Sausage & Roast	Halal Red Tractor	Halal Roast Chicken, Gravy,	Wholemeal Margherita Pizza &		
	Potatoes with Gravy	Lamb Pasta Bolognese	Yorkshire Pudding & Roast	Home-baked Potato Wedges		
		& Garlic Bread	Potatoes			
		\$ \$				
Vegetables	Broccoli, Sweetcorn	Broccoli, Cauliflower & Carrots	Seasonal Greens	British Red Tractor Garden	British Red Tractor Garden	
	or Baked Beans		& Carrots	Peas, or Sliced Carrots	Peas, Baked Beans	
Sandwiches	Cheese	Tuna Mayo	Cheese	Tuna Mayo	Cheese	
Baked Jacket Potatoes	Jacket Potato with Cheesy	Jacket Potato with Cheesy	Jacket Potato with Cheesy	Jacket Potato with Cheesy	Jacket Potato with Cheesy	
	Beans, Tuna Mayo or Cheese	Beans, Tuna Mayo or	Beans, Tuna Mayo or	Beans, Tuna Mayo or Cheese	Beans, Tuna Mayo or Cheese	
	or Beans	Cheese or Beans	Cheese or Beans	or Beans	or Beans	
	4	4	4	4	4	
Dessert	Shortbread Pin Wheels	Chocolate Fudge Cake	Apple Crumble vg	Flapjack ^{VG}	Chocolate Mousse	
	& Fruit Slices ^{vg}		& Custard			
	7		X			
	50%		50%			

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt















Springfield Primary School

















Autumn/Winter Menu Week 3

3rd Nov, 24th Nov, 15th Dec, 12th Jan, 2nd Feb, 23rd Feb, 16th March

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WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY	
Main Meal Option	Beef Burger with Home-	Mild Chicken Curry	Roast Chicken with	Margherita Pizza with Home-	Fish Fingers & Chips	
	baked Potato Wedges	served with Mixed Rice	Gravy, Stuffing &	baked Potato Wedges		
		-333)	Roast Potatoes			
Vegetarian Meal Option	Vegetable Burger with	Vegetable Pasta Carbonara	Quorn Grill, Gravy, Stuffing &	Boston BBQ Five Bean Stew	Cheese Flan	
	Home-baked Potato		Roast Potatoes	with Sunny Rice		
	Wedges vg		-	₩ 4.26	,	
	*		\$		*	
Halal Option	Halal Lamb Burger with	Halal Mild Chicken Curry	Roast Halal Chicken, Gravy	Margherita Pizza with Home-		
	Home-baked Potato	served with Mixed Rice	Stuffing & Roast	baked Potato Wedges		
	Wedges		Potatoes			
Vegetables	Sweetcorn, Baked Beans	Broccoli, Cauliflower &	Seasonal Greens	Broccoli or Sweetcorn	British Red Tractor Garden	
	_	Carrots	& Carrots		Peas, Baked Beans	
			V			
Sandwiches	Cheese	Tuna Mayo	Cheese	Tuna Mayo	Cheese	
Baked Jacket Potatoes	Jacket Potato with Cheesy	Jacket Potato with Cheesy	Jacket Potato with Cheesy	Jacket Potato with Cheesy	Jacket Potato with Cheesy	
	Beans, Tuna Mayo or	Beans, Tuna Mayo or	Beans, Tuna Mayo or	Beans, Tuna Mayo or	Beans, Tuna Mayo or	
	Cheese or Beans	Cheese or Beans	Cheese or Beans	Cheese or Beans	Cheese or Beans	
	\$	\$ *	\$	\$	5	
Dessert	Chocolate Oaty Slice ^{vg}	Syrup Sponge Pudding &	Apple & Cinnamon Rolls	Vanilla Cookie & Fruit Slices vg	Iced Sponge Cake Topped	
		Custard			with a Glace Cherry	
			50%	50%		

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt















England's target for 'free sugar' intake for your child Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.